Competition Purpose:

The purpose of this event is to introduce pool events in a format that is focused on skill development.

Key information:

Date	Saturday 25th July
Location	National Aquatic Centre
Entries close	20th July at 11:59pm
Start time	12:30 pm
Event Referee	Karen Buchan
Event Safety Officer	Tara Coe
Event Manager	Tash Shackelford

Event Volunteers:

Surf Life Saving events require many volunteers to run smoothly. The following are requirements that must be met by clubs when entries close. If these are not met at this time entries will not be accepted.

If clubs are having problems with official requirements, please email entries@surflifesaving.org.nz

For problems with water helper requirements, please email jd.daniels@surflifesaving.org.nz

Volunteer type	Number	Process
Official	1 per 14 competitors	**Club lists these in Waves as "Official"**
Water helper	1 per club	**Club lists these in Waves as "Other Contact"**

Age Groups:

Age group is determined by the competitor's age at midnight on **30th September 2026**. This means that competitors will be entered in their age group for the summer 2026-27.

Entering the competition:

Entries may be made using Waves. Your club has access to this system and will process your entries.

Entries Close: 20th July 11:59 pm
Entry Fee: $25 (incl GST)
Eligibility of competitors:

- Open to any SLSNZ affiliated club.
- Age group is determined by the individuals age as at midnight 30th September 2026.
- All individuals must be 10 years or older before midnight 30th September 2026.

It is not a requirement that individuals entered hold the Surf Lifeguard Award.

Event Format:

- Events have been adapted to closely replicate long course skills and format.
- They will be judged as a learning opportunity for officials, with no disqualifications.
- Key learnings will be shared after the event.
- Four-person team events prioritize participation.
- U11–U14 athletes race in Junior Relays.
- U15+ in Senior Relays.
- Clubs only need to enter the number of teams per wave—teams can be formed from any four athletes on the day.
- Programme will be published at the close of the entries
- Events will not be timed
- There will be a masters division, if there are not enough entries this will be combined with opens.

Events Descriptions:

Junior Event	Description
U12 25 Rescue Medley	Dive start, swim underwater 10 m and pick up brick & carry to end
U14 25 Rescue Medley	Dive start, swim underwater 17.5 m and pick up brick & carry to end.
25 Brick Carry	In water wall start, pick up brick at 12.5 m & carry to end.
U12 50 Patient tow (2 person)	Dive start, swim 25 m, clip up patient and tow to end.
U14 75 Patient tow (2 person)	Dive start, patient swims 25 m, rescue dives in, swims 25 m clip up patient and tow to end.
Brick relay (4 person)	12.5 m carries with middle and wall changes.

Senior Event	Description
25 Carry	Wall push start, pick up 12.5 m carry to end
50 Rescue Medley	Dive start, swim 25 m, underwater 17.5 m and pick up manikin & carry to end.
50 Manikin Tow	Dive start, swim 25 m, clip up and tow to end.
Manikin relay (4 person)	Wall to wall 25 m carries i.e. wall changes only

Equipment and Club Uniform:

Event Equipment:

- Clubs must provide their own rescue tubes.
- Individuals must provide their own fins that comply with the SLSNZ Rule Book.
- SLSNR will provide manikins and bricks.

If you have borrowed gear from SLSNR, please return/bring it to this event.

Competition Uniform:

- Participants must wear swim caps that identify with their club
- Handlers must wear swim caps or beanies that identifies their club
- Participants are encouraged to wear swimwear that they are comfortable in; the only exception is performance race suits that don't comply with the SLSNZ Rule Book.

Event Photography:

If you are wishing to take photos at our competition, then please contact the Sport Manager and request for access into competition arenas. Please note Use of Cameras and Video devices rules are covered under 2.25 in the Surf Sports Competition Manual.

- Please fill in the Media Agreement Form and send to entries@surflifesaving.org.nz
- Only applications from Surf Life Saving Members and Media Agencies will be accepted for consideration
- If access is gained, then a vest will be issued and must be always worn

Key Contact:

If you have any queries or concerns, please feel free to contact the sports team at entries@surflifesaving.org.nz