Competition Purpose:

The purpose of this event is to provide participants with an opportunity to practice pool events in a long course format before the Regional Championships.

Key information:

Date	Sunday 9th August
Location	National Aquatic Centre
Entries close	28th July at 11:59pm
Start time	12:30 pm
Event Referee	Karen Buchan
Event Safety Officer	Stu Handford
Event Manager	Tash Shackelford

Event Volunteers:

Surf Life Saving events require many volunteers to run smoothly. The following are requirements that must be met by clubs when entries close. If these are not met at this time entries will not be accepted.

If clubs are having problems with official requirements, please email entries@surflifesaving.org.nz

For problems with water helper requirements, please email jd.daniels@surflifesaving.org.nz

Volunteer type	Number	Process
Official	1 per 10 competitors	Club lists these in Waves as "Official"
Water helper	At least 1 per club	Club lists these in Waves as "Other Contact"
Timekeepers	Based on % entries per session	Turn up on day.

Age Groups

Age group is determined by the competitor's age at midnight on **30th September 2026**. This means that competitors will be entered in their age group for the summer 2026-27.

Entering the competition:

Entries may be made using Waves. Your club has access to this system and will process your entries.

Entries Close: 28th July 2026
Entry Fee: $25 (incl GST)
Eligibility of competitors:

- Open to any SLSNZ affiliated club.
- Age group is determined by the individuals age as at midnight 30th September 2026.
- All individuals must be age 10 years or older before midnight 30th September 2026.

It is not a requirement that individuals entered hold the Surf Lifeguard Award.

Event Format:

- Events will be run as per the SLSNZ Rule Book.
- Events will be judged by officials and the DQ process may be followed.
- U11–U14 athletes race in Junior Relays.
- U15+ in Senior Relays.
- Programme will be published at the close of the entries.
- There will be a masters division, if there are not enough entries this will be combined with opens.

Events:

This programme is subject to change, the final programme will be out after entries close.

Event	Division
Rescue medley with fins*	U11-U14
Brick carry	U11-U14
Patient tow with fins	U11-U14
Medley relay	U11-U14
Rescue Medley	U15+
100 manikin carry with fins	U15+
100 manikin tow with fins	U15+
Line Throw	U15+

*U11-13 will race with fins, U14 won't race with fins.

Equipment and Club Uniform:

Event Equipment:

- Clubs must provide their own rescue tubes.
- Individuals must provide their own fins that comply with the SLSNZ Rule Book.
- SLSNR will provide manikins, bricks and line throw ropes.

If you have borrowed gear from SLSNR, please return/bring it to this event.

Competition Uniform:

- Participants must wear swim caps that identify with their club
- Handlers must wear swim caps or beanies that identifies their club
- Participants are encouraged to wear swimwear that they are comfortable in; the only exception is performance race suits that don't comply with the SLSNZ Rule Book.

Event Photography:

If you are wishing to take photos at our competition, then please contact the Sport Manager and request for access into competition arenas. Please note Use of Cameras and Video devices rules are covered under 2.25 in the Surf Sports Competition Manual.

- Please fill in the Media Agreement Form and send to entries@surflifesaving.org.nz
- Only applications from Surf Life Saving Members and Media Agencies will be accepted for consideration
- If access is gained, then a Vest will be issued and must be always worn

Key Contact:

If you have any queries or concerns, please feel free to contact the sports team at entries@surflifesaving.org.nz