



SURF LIFE SAVING

AON

NEW ZEALAND

POOL RESCUE

CHAMPIONSHIPS

SIR OWEN GLENN NATIONAL AQUATIC CENTRE • AUCKLAND

26-28 SEPTEMBER 2025

ENTRY CIRCULAR

Competition Purpose:

The 2025 Aon New Zealand Pool Rescue Championships is New Zealand’s pinnacle Pool Rescue event. Lifeguards and aspiring lifeguards compete for their clubs, demonstrating speed, skill, and teamwork against fellow members from across the country. It is also one of the key selection events for our national lifesaving teams.

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Entry Information:

This circular provides entry related information only. A full event pack with logistics, marshalling, seating, and further event details will be shared with clubs after close of entries.

Entries can only be made using the SLSNZ Online Event Entry System ([Waves](#)). It is the expectation of SLSNZ that clubs will only allow members with the appropriate awards and capability to participate in the event.

Entries Open: Monday 7th July 2025

Entries Close: Tuesday 9th September, 10:00am

Entry Fee: \$100.00 per competitor (please note, individual clubs may charge different fees and/or have an earlier entry deadline to administer team entries)

Eligibility of Competitors: Please see Section 2.2 of the [SLSNZ Pool Rescue Competition Manual](#) for a comprehensive breakdown of eligibility criteria.

Contact Details: Please ensure Team Managers & Coaches contact details are updated and submitted via Waves by close of entries to ensure that the relevant people receive all updated information directly. Failure to list contact details may mean your club misses out on vital information.

Entering Teams: You must enter the entire team for all team events otherwise your entry will not be accepted. See information on composite teams on page 7.

Seeded Races: The entry system allows clubs to enter the current best time for each individual athlete. Please only enter times if you have evidence of their accuracy. If you don't know the athletes best current times then please leave this blank.

Entry Checks: Following the close of registrations, Session Entry Sheets are expected to be published a week prior to the competition. Team managers must check their club's entries and notify the event manager of any scratchings or team changes. The process for scratching will be shared with clubs in a memo following the close of entries.

Rules & Regulations:

This event will be conducted under the rules contained in the following documents:

- [SLSNZ Pool Rescue Competition Manual](#) (10th Edition, May 2025)
- [SLSNZ Constitution](#)
- [SLSNZ Regulations](#)
- [Sport Integrity New Zealand](#)
- Any additional documents or amendments as communicated by SLSNZ and/or Event Management

Age Groups:

Age groups are determined by the competitor's age at midnight on 30th September 2025.

Please note, the SLSNZ 'season' runs from 1 July to 30 June with Pool Rescue events being scheduled before the beach-based events for the current season.

Competitors in senior divisions are able to 'race up' into any higher age division but can only enter and compete in one race once e.g. an U15 competitor can only enter in one of either the U15, U17, U19 or Open division in a particular event.

Masters are permitted to compete in only one age category in each team event. Where a team Event with two competitors is conducted the age of the younger competitor shall determine the age category of the team. Where a Masters Team Event with three or more Competitors is conducted, the total combined ages of all team members shall determine the division in which the team must compete.

Key Times:

Tuesday 23rd September

Team Managers Online Briefing: 7:30pm

Friday 26th September

Access to NAC:	11:00am
Opening Ceremony:	tbc
Surf Officials Meeting:	10:45am
Team Managers Meeting:	11:00am
Timekeepers Meeting:	11:35am
Warm Up:	11:00am – 11:45am
Session #1 Start:	12:00pm
Session #1 Ends (approx.)	3:30pm
Session #2 Start:	+30 mins Session #1 end
Session #2 Ends: (approx.)	7:30pm

Saturday 27th September

Surf Officials Meeting:	7:10am
Team Managers Meeting:	7:30am
Timekeepers Meeting:	7:45am
Warm Up:	7:00am – 7:40am
Session #3 Start:	8:00am
Session #3 Ends (approx.)	12:30pm
Session #4 Start:	+30 mins Session #3 end
Session #4 Ends:	5:00pm

Sunday 28th September

Surf Officials Meeting:	7:10am
Team Managers Meeting:	7:30am
Timekeepers Meeting:	7:45am
Warm Up:	7:00am – 7:40am
Session #5 Start:	8:00am
Session #5 Ends (approx.)	3:30pm

Events:

The following events and divisions will be held at the championships (listed in no particular order).

Individual Events:

Age Group:

Gender:

50m Swim with Obstacles	U11 and U12	Male and Female
100m Swim with Obstacles	U13, U14, U15 and Masters	Male and Female
200m Swim with Obstacles	U17, U19, and Open	Male and Female
100m Manikin Tow with Fins	U15, U17, U19, Open and Masters	Male and Female
50m Swim with Fins	U11, U12, U13, U14, U15, U17, U19, Open and Masters	Male and Female
50m Brick Carry	U11, U12, U13 and U14	Male and Female
50m Manikin Carry	U15, U17, U19, Open and Masters	Male and Female
50m Rescue Medley (Brick)	U11, U12, U13 and U14	Male and Female
50m Rescue Medley (Manikin)	U15	Male and Female
100m Rescue Medley (Manikin)	U17, U19 and Open	Male and Female
100m Manikin Carry with Fins	U15, U17, U19, Open and Masters	Male and Female
200m Super Lifesaver	U19 and Open	Male and Female

Team Events:

Age Group:

Composition:

Line Throw	U17, U19, Open and Masters	Male and Female
4 x 50m Obstacle Relay	U12, U14, U17, U19 and Masters	Mixed only
4 x 50m Obstacle Relay	Open	Male, Female & Mixed
4 x 25m Brick Relay	U12 and U14	Mixed only
4 x 25m Manikin Relay	U17, U19 and Masters	Mixed only
4 x 25m Manikin Relay	Open	Male, Female & Mixed
4 x 50m Medley Relay	U12, U14, U17, U19 and Masters	Mixed
4 x 50m Medley Relay	Open	Male, Female & Mixed
6 x 50m Mega Relay	U14 & Open	Mixed
4 x 50m Pool Lifesaver Relay	Open	Male, Female & Mixed
100m Patient Tow with Fins	U12	Male and Female
150m Patient Tow with Fins	U14	Male and Female

Event Programming:

The programme will be made available on the [SLSNZ Website](#).

Please note this may be subject to change based on entry numbers or other logistical considerations.

Mega Relay Composition:

The make-up of age groups for the two Mega Relays for these championships are as follows:

U14 Mega Relay – 6 x 50m

- 1 x U12 Female Swimmer (can be U11)
- 1 x U12 Male Swimmer (can be U11)
- 2 x U14 Female Swimmer (can be U11, U12 or U13)
- 2 x U14 Male Swimmer (can be U11, U12 or U13)

Open Mega Relay – 60 x 50m

- 1 x U17 Female Swimmer (can be U15)
 - 1 x U17 Male Swimmer (can be U15)
 - 1 x U19 Female Swimmer (can be U15 or U17)
 - 1 x U19 Male Swimmer (can be U15 or U17)
 - 1 x Open Female Swimmer (can be U15, U17, U19 or Masters)
 - 1 x Open Male Swimmer (can be U15, U17, U19 or Masters)
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Composite Teams:

Composite teams will continue in the Junior Division of the AON New Zealand Pool Rescue Championships (excluding the Patient Tow with Fins event).

Composite teams will also be piloted for two events at the Aon New Zealand Pool Rescue Championships for Masters - 4 x 50m Obstacle Relay & 4 x 50m Medley Relay.

When offered, composite teams will be eligible for medals, but not overall points.

For more information, please refer to the [May 2025 Memo](#)

Composite Teams Entry Process:

1. Clubs should enter their athletes in the EOI event corresponding to the relay they wish to participate in. The EOI Composite teams' entries will match the event numbers, beginning with 1000.

Note: An athlete cannot serve as a reserve in a club team and simultaneously be added to the composite teams since this would constitute double entry in the same race.

2. Following the closure of entries, the event management team will compile the full list of EOI entries. A link to these lists will be sent to team managers (managers entered as support members in waves).
3. Event Management will construct composite teams using the EOI list, taking into account keeping club members together and combining athletes from the same district/region.

Health & Safety:

This event will abide by the facility safety measures put in place and will adhere by the rules instructed by the facility management and lifeguard team.

Parent, Guardian, Coach, Team Manager and Club Obligations

It is the responsibility of clubs, through their coaches and manager, to ensure that each individual competitor is competent to safely compete.

Officials & volunteers

All officials & volunteers should ensure they are physically capable of carrying out their important functions and are capable of independently moving and to and from their appointed role/position over the duration of a competition.

In nominating for any event, all volunteers warrant that they are, and must remain, mentally and physically capable of carrying out all the functions of their appointed role(s) over the course of the entire event. All volunteers should undertake a medical check prior to departure for the event and/or declare any medical/health concerns.

SLSNZ may request volunteers to provide medical clearance if they have had a medical event at previous competitions or if SLSNZ considers such request is reasonable and/or necessary. If requested, volunteers must provide the medical clearance before undertaking their duties.

Should your state of health change between expressing your interest and the competition, you must inform Event Management

Pre-Existing Medical Conditions

All participants and volunteers with a pre-existing medical condition must complete and submit a 'Pre-Existing Medical Conditions Declaration' form prior to the close of entries. These forms are to be submitted to the Event Manager via email as early as possible. Once submitted, the forms will be reviewed by SLSNZ and a decision will be made on whether a 'Competitor Waiver' form is required to be completed.

It is important to note that a pre-existing medical condition includes a **concussion event** that has occurred prior to this event. Information on concussion can be found [here](#)

Competition Uniform & Equipment:

All competitors must wear their club cap, suitable swimwear and use appropriate fins outlined in the competition manual.

SLSNZ will provide Manikins, tubes & bricks that comply with the SLSNZ Equipment Specifications Manual.

Photography & Imagery:

By entering this event clubs and members acknowledge and agree that SLSNZ may use images and video taken during the event for media and marketing purposes.

Media accreditation:

Only applications from Surf Life Saving Members and Media Agencies will be accepted for consideration.

If you are wishing to take photos at our competition then please read the [Media Accreditation Application Information here](#) and contact Event Management at least one week prior to the competition for access into competition areas.

Please note Use of Cameras and Video devices rules are outlined in the Competition Manual.

Communication:

Event Management utilise a variety of tools to keep you updated with the latest event information and news.

TeamReach will be the primary platform for communication leading into and during the event. TeamReach can be downloaded from the App Store or Google Play. Group Code = **2025NZPOOL**

- [SLSNZ Website](#) (event documentation)
- [SLSNZ Sport Facebook](#) (event photos & highlights)
- [SLSNZ Sport Instagram](#) (event photos & highlights)
- Our platform for scheduling & results will be communicated in due course.

Key Contact:

If you have any queries or concerns, please feel free to contact Luke.

Luke Smith
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